

Warden Message

Lisbon, Portugal

May 5, 2009

This Warden Message alerts U.S. citizens to the latest information regarding human cases of 2009-H1N1 Influenza, sometimes referred to as swine flu. The Portuguese Ministry of Health has reported one confirmed case of 2009-H1N1 Influenza. A woman, recently arrived from Mexico, has been treated and is recovering at home. Authorities say she is no longer contagious. All fellow travelers and family members have been contacted and are being monitored. As of May 5, they have not presented with symptoms. Portuguese Ministry of Health authorities are following all precautions and recommendations of the World Health Organization. There is no evidence of human-to-human transmission in Portugal, no new measures are needed, and the same level of alert and precaution is being followed.

The U.S. Embassy reminds U.S. citizens that most cases of influenza are not 2009-H1N1 Influenza. Any questions or concerns about influenza or other illnesses should be directed to a medical professional. Although the Embassy cannot provide medical advice or provide medical services to the public, a list of hospitals and doctors can be found on our website at http://portugal.usembassy.gov/medical_information.html

For further information about 2009-H1N1 Influenza, including steps you can take to stay healthy, please consult the Department of State information at http://travel.state.gov/travel/cis_pa_tw/pa/pa_pandemic.html the U.S. Centers for Disease Control website at <http://www.cdc.gov/h1n1flu>, the U.S. Government pandemic influenza website at <http://www.pandemicflu.gov>, and the World Health Organization website at <http://www.who.int/csr/disease/swineflu/en/index.html>. For additional travel safety information, please consult the State Department's website at <http://www.travel.state.gov>.

U.S. citizens may also call the Office of Overseas Citizens Services in the United States for the latest travel information. The Office of Overseas Citizens Services can be reached from 8:00 a.m. until 8:00 p.m. Eastern Daylight Time, Monday through Friday, by calling 1-888-407-4747 from within the U.S. and Canada, or by calling (202) 501-4444 from other countries.

Americans living or traveling in Portugal are encouraged to register with the U.S. Embassy through the State Department's travel registration website, <https://travelregistration.state.gov/ibrs/ui/> so that they can obtain updated information on travel and security within Portugal. Americans without Internet access may register directly with the nearest U.S. Embassy or Consulate. By registering, American citizens make it easier for the Embassy or Consulate to contact them in case of emergency. The U.S. Embassy is located on Avenida das Forças Armadas, in the neighborhood of Sete Rios. Telephone: (351) 21 727-3300; fax: (351) 21 726-9109; Internet home page: <http://lisbon.usembassy.gov/>.

The U.S. Embassy is located near the Jardim Zoológico (Sete Rios train stop). The emergency after hours telephone number is (351) 21 770-2222.

The U.S. Consulate in the Azores is located in the City of Ponta Delgada on the Island of San Miguel. The address is Av. Principe do Monaco, 6-20, tel: (351) 296 282-216, fax: (351) 296 287-216.

There is a part-time U.S. Consular Agency in Funchal, on the Island of Madeira, on Rua Alfandega, no 10-2, Room A-B, phone 351-291-235-636, fax 351-291-229-360.